

## Leadership Message

As part of this year's effort to reform health care, New York State legislation established the Commission on Health Care Facilities in the 21st Century to right-size hospitals and nursing homes. CNYHSA has consistently emphasized the need for local involvement in the Commission's process and recommended that the agency be used as the regional framework in Central New York. We felt that such an approach would take advantage of a planning and assessment mechanism already in place, draw on the state's financial investment in regional planning over a fifteen year period during the 80's and 90's, provide a neutral setting for local participation in deliberations, and lessen the likelihood of arbitrary actions taken in the absence of local input.

Reflecting its long-standing commitment to community involvement, CNYHSA launched a series of local dialogues to provide input to the Commission. This series offers, for the first time in several years, an all-encompassing forum to debate the future of health care in our community. We believe that such a dialogue will result in local collaboration and actions that will strengthen health care delivery in Central New York.

CNYHSA leadership in the fight against HIV/AIDS saw successful renewal of its grants to provide rental and emergency housing assistance to eligible clients. CNYHSA also renewed its contract for operating the region's Ryan White HIV CARE Network. Implementation of *Service Delivery Plan* priorities focused on expanded training and mentoring through the Consumer Advisory Committee, increased programming to promote community awareness, and informational dialogues targeting the related co-morbidities of HIV/AIDS, substance abuse, and mental health.

We extend our thanks to staff, Board members, and project partners for their dedication and persistence in carrying out the CNYHSA mission.



Timothy J. Bobo  
Executive Director



William L. Conole  
President

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*Our Vision: To address and promote community health improvement, access to affordable health care, information-sharing, education and advocacy.*

## 2004-2005 Annual Report

# CNYHSA

Planning and  
Consulting Services  
for Community Health  
Improvement



Central New York  
Health Systems Agency  
5700 Commons Park Drive  
East Syracuse, New York 13057

## Community Health

- ❑ Secured federal Health Professional Shortage Area (HPSA) designations for primary care (Watertown, Utica, Lowville), mental health (St. Lawrence and Oswego Counties), and dental care (St. Lawrence and Jefferson Counties). HSPA designations help underserved areas obtain grants and recruit practitioners.
- ❑ Worked with diabetes prevention program sponsored by Syracuse and Onondaga Partnership for Community Health to promote “righteous cooking classes” at churches, screening, and community health education.
- ❑ Hosted presentation on “Priorities to Promote and Protect Health” focusing on role of NYS Health Department Regional Office.
- ❑ Conducted bi-lingual patient satisfaction study, analysis of inner-city health disparities, and assessment of Southern Onondaga dental needs for Syracuse Community Health Center. Examined national Community Action Program experience with FHQC designation process for Oswego County Opportunities.
- ❑ Supported Medicaid Managed Care operations in Oswego County. Presented information on program impact to legislative committees, developed Medicaid expenditure forecasts and tracking reports, and designed questionnaire and sample for patient satisfaction survey.
- ❑ Conducted survey of primary care physician surgical referral patterns in Tompkins County.

## Systems Development

- ❑ Worked to promote regional involvement in the newly established **Commission on Health Care Facilities in the Twenty-First Century** through a position paper, **Health Care Right-sizing in CNY: Toward a Community-Based Approach**, which recommended that CNYHSA be used as the framework for commission activities in Central New York. Developed plans to host regional dialogue sessions with community and provider stakeholders to provide input to the Commission.

- ❑ Reviewed 46 Certificate of Need (CON) proposals representing \$245 million in capital and \$83 million in annual operating costs. Hosted presentation on the Rockefeller Institute Report on the state CON program. Supported efforts to increase the number of children’s psychiatric beds in Central New York through State Office of Mental Health action.
- ❑ Developed proposal for Community Health Foundation of Central and Western New York to fund a collaborative approach for introducing a culturally sensitive service model (Brief Strategic Family Therapy) in inner city Hispanic neighborhoods.
- ❑ Developed proposals to create regional data base for Excellus and provide staff support for the CNY Collaborative Health Care Initiative and the NYS Association for Rural Health.
- ❑ Worked with Cayuga County Nursing Home to examine options for modernization and expansion. Prepared grant application for James Square Nursing Home to enhance training and in-service education programs. Developed proposals to review home care service delivery in Otsego County and provide strategic planning assistance to the Oswego County Rural Health Network. Collaborated with Tyler Consulting in a proposal to provide strategic planning assistance to University Hospital.

## Financial Report

July 1, 2004 - June 30, 2005

### Revenue

Project Income	591,105
Other Income	9,948
Total Revenue	601,053

### Expenses

Personnel Expenses	319,410
Operating Expenses	91,017
HIV Rental Assistance	239,170
Total Expenses	649,597

### Net Income (Loss)

(48,544)

## HIV/AIDS Initiatives

- ❑ Promoted community awareness through testing events and observances for World AIDS Day, International HIV Candlelight Memorial, and National HIV Testing, Black Awareness, and Latino Awareness Days. Partnered with Project WAVE to promote testing. Supported national Campaign to End AIDS (C2EA) with community forum at Syracuse University.
- ❑ Collaborated with NY AIDS Coalition (NYAC) in state and federal advocacy; promoted local involvement through training and education for persons with AIDS (PWA).
- ❑ Network Consumer Advisory Committee and Living Room promoted PWA involvement, peer outreach, and leadership development.
- ❑ Reviewed and updated Service Delivery Plan priorities. Hosted regional forum on AIDS Institute 2005 Coordinated Statement of Need. Facilitated AIDS Institute Retreat for Upstate HIV Care Network Coordinators
- ❑ CHILD Coalition promoted peer outreach for HIV-positive families with Family Zoo Day, summer camp sessions, and a winter holiday party for HIV-positive children.
- ❑ Provided local liaison for AIDS Institute initiatives focusing on HIV/AIDS and African-Americans, Medicare drug coverage, and Ryan White funding. Adopted policy paper on 2005 Reauthorization of Ryan White Care Act.
- ❑ Completed Grassroots Outreach Crisis Intervention Services (GOCIS) study with Syracuse-based case management agencies. Submitted proposals to launch pilot program. Gave progress report on project at "Best Practices" session of NYAC’s statewide Conference on the Power of Collaboration.
- ❑ Housing Assistance programs served 254 unduplicated clients. Held training programs and updated *Rental Assistance Guide* and *CD Tool Kit* for case managers and coordinators.
- ❑ Teamed with NYAC and ECG Group on a Federal Office of Minority Health proposal to establish a Community HIV Leadership and Capacity Development Assistance Center.